



# A THESIS

# FOR THE DEGREE OF DOCTOR OF PHILOSOPHY

Anti-cancer effects of apigenin by enhancing tumor necrosis factorrelated apoptosis-inducing ligand-mediated death receptor 5 expression and inhibition of telomerase activity

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inducing ligand-mediated death receptor 5 expression and inhibition of telomerase activity

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# ABSTRACT

Apigenin is known to suppress in cancer cells proliferation, angiogenesis, motility, and induce apoptosis; however, it is little known whether apigenin triggers tumor necrosis factor (TNF)-related apoptosis-inducing ligand (TRAIL)-induced apoptosis. In addition, the underlying relationship between apoptosis and telomerase activity in response to apigenin exposure is not well understood. In this study, we found that apigenin enhances TRAIL-induced apoptosis in hepatocarcinoma cells (Hep3B and HepG2) and human leukemia cells (U937, THP-1 and HL60) by inducing caspase activation. These results were found to increase of death receptor 5 (DR5) expressions and inhibition of telomerase activity. As shown in previous studies, apigenin increased reactive oxygen species (ROS) production, however, intriguingly; ROS inhibitors sensitize combined treatment with apigenin and TRAIL-induced apoptosis, intimating that apigenin-induced ROS produces weaker cell survival signal than apoptotic one. Furthermore, we found elevated reactive oxygen species (ROS) generation following apigenin treatment. And then, apigenin-induced ROS was protection of cell death. Our results shown that apigenin-induced ROS-mediated cell protection effects was activation of autophagy. TRAIL-induced apoptosis greatly increased by specific autophagy inhibitor 3-methyladenine (3-MA). Taken together, these finding revealed that apigenin enhanced TRAIL-induced apoptosis, while on the other hand apigenin protects the apoptosis by increasing the ROS-mediated autophagy. We further showed that apigenin downregulates telomerase activity in caspase-dependent apoptosis and observed that apigenin dosing results in down regulation of telomerase activity via inhibition of c-Myc-mediated telomerase reverse transcriptase (hTERT) expression. Be sides, treatment of apigenin cells with the two ROS inhibitors did not restore telomerase activity. We conclude that apigenin enhanced TRAIL-induced apoptosis by regulation of DR 5 expression and the loss of telomerase activity.



#### 국문요약

Apigenin은 암세포의 증식, 이동능, 신생혈관생성을 억제 하고 세포사멸사를 유도 하는 것으로 알려졌으나, TRAIL이 유도하는 암세포 사멸사와의 연관 관계에 대해서는 아직 알려진 바가 없다. 게다가 apigenin 처리에 의한 telomerase의 활성 변화와 암세포의 세 포사멸사간의 상호 작용에 대한 연구는 아직 명확 하게 밝혀지지 않았다. 이 연구에서는 Hep3B와 HepG2 암세포를 이용하여 apigenin이 TRAIL이 유도하는 세포사멸사를 강화하고, 백혈병 세포주를 이용하여 caspase 단백질 활성을 통한 세포사멸사를 확인하였다.

Chapter 1. Apigenin은 DR5의 발현을 증가 시켜 TRAIL이 유도하는 세포사멸사를 강화 시켰다. 이번 연구 결과의 흥미로운 점은 apigenin은 ROS의 생산을 증가 시켰지만 ROS억 제제와 apigenin, TRAIL을 병행 처리 하자 더욱 강한 세포사멸사를 유도 하였다. 이 결 과는 apigenin에 의해 생산된 ROS가 세포를 보호하여 TRAIL에 의한 죽음으로부터 생존할 수 있게 도와 주었음을 의미한다. 우리의 연구결과는 apigenin에 의해 생산된 ROS가 autophagy의 활성을 유도하여 세포를 보호했음을 보여 주었다. Apigenin과 TRAIL이 유도 하는 세포사멸사는 autophagy 억제제인 3-MA에 의해 더욱 강하게 증가하였다. 그리고 그 증가 폭은 apigenin과 TRAIL, ROS 억제제를 처리하여 유도된 세포사멸사의 수치와 거의 일치하였다. 이 결과는 apigenin이 DR5의 발현을 증가시켜 TRAIL이 유도하는 세포사멸사 를 강화 시키지만, 한편으로는 ROS생성을 통해 autophagy의 활성을 유도하여 세포를 보 호하기도 함을 보여 준다.



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Chapter 2. Apigenin의 처리는 백혈병 세포주인 THP-1, U937, HL-60 세포에서 강한 세 포사멸사를 유도하였다. Apigenin이 생성한 ROS와 세포사멸사간의 관계를 규명하고자 apigenin과 ROS 억제제인 NAC과 GSH를 병행 처리하였다. NAC과 GSH는 apigenin이 생산하 는 ROS의 생산을 억제 하였으나 세포사멸사 유도에 대한 결과에는 별다른 변화가 없었 다. 따라서 우리는 세포사멸사를 유도하는 다른 원인인 telomerase의 활성 변화를 확인 하였다. 그 결과 apigenin은 telomerase의 활성을 억제하였고, 이는 hTERT의 발현 억제 를 통한 것임을 확인 하였다. 이러한 hTERT의 발현 억제는 c-Myc의 활성 억제를 통한 것 으로서 apigenin의 처리는 c-Myc의 전사인자로서의 활성을 억제 할 뿐만 아니라 c-Myc의 발현 역시 억제 하는 것으로 확인 되었다. 하지만 ROS억제제의 처리는 apigenin이 유도 하는 c-Myc의 활성을 억제 하지 못하였으며, telomerase의 활성역시 억제 하지 못하였 다, 결론 적으로 apigenin이 유도하는 c-Myc 활성 조절에 매개한 telomerase 활성 억제 효능은 apigenin이 생산한 ROS와는 연관이 없음을 규명하였다.

종합적으로 우리는 이번 연구에서 apigenin은 DR5의 발현 증가와 c-Myc의 활성 억제를 통하여 암세포 사멸 효과를 유도 하지만, 한편으로는 ROS 생산을 유도 함으로서 세포 보 호 효과를 확인 하였다. 이러한 apigenin의 성질을 이용하여 획기적인 암세포의 특이적 항암 치료제를 개발 할 수 있을 것으로 기대된다. 따라서 이후 연구에서는 apigenin이 유도하는 ROS와 autophagy, telomerase활성에 대해 상관 관계를 규명하는 연구를 진행 하고자 한다.



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# Chapter I.

Coexistence of cell death and cell survival signals in apigenin-mediated sensitization of tumor necrosis factor-related apoptosis-inducing ligand



#### Abstract

Apigenin is known to suppress cancer cells proliferation, angiogenesis, and motility, which consequently induce apoptosis; however, it is little known whether apigenin triggers tumor necrosis factor (TNF)-related apoptosis-inducing ligand (TRAIL)-induced apoptosis. In this study, we found that apigenin enhances TRAIL-induced apoptosis in hepatocarcinoma Hep3B and HepG2 cells by inducing caspase activation. Additionally, one of crucial target in TRAIL-induced therapeutics, death receptor 5 (DR5) which is a main ligand of TRAIL, was significantly expressed in response to apigenin and chimeric antibody of DR5 completely blocked combined treatment with apigenin and TRAIL-induced apoptosis. As shown in previous studies, apigenin increased reactive oxygen species (ROS) generation in a dose-dependent manner; however, intriguingly, ROS inhibitors, glutathione (GSH) and N-acetyl-L-cysteine (NAC) sensitize combined treatment with apigenin and TRAIL-induced apoptosis, suggesting that apigenin-induced ROS generates cell survival signal than apoptotic one. Our results also showed that apigenin-induced ROS mediated cell protection effects was activation of autophagy. TRAIL-induced apoptosis greatly increased by specific autophagy inhibitor 3-methyladenine (3-MA). Taken together, these finding revealed that apigenin enhanced TRAIL-induced apoptosis, while on the other hand apigenin protects the apoptosis by increasing the ROS-mediated autophagy.



# 1. Introduction

The tumor necrosis factor (TNF)-related apoptosis-inducing ligand (TRAIL) is a member of the structurally related TNF superfamily such as Fas ligand and TNF- $\alpha$ . TRAIL is an encouraging anticancer agent that is evaluated in preclinical and clinical researches [1, 2]. TRAIL induces typical apoptotic signaling through complex to death receptors (DRs), which trigger the signal which death-inducing signaling complex (DISC) and caspase cascade [3]. In contrast with another TNF super family such Fas ligand and TNF- $\alpha$ , TRAIL has challenged on clinical trial for cancer therapy because TRAIL is cancer cell-specific without any adverse effect in normal cells [4]. However, some studies showed that development of resistance to TRAIL in cancer cells has been found and the molecular basis for TRAIL resistance is undisturbed and elusive [5, 6]. For example, mutations in apoptosis-related proteins are monitored in various types of cancer cell lines [1]. Besides, dysfunction of DRs and abnormal activation of apoptosis regulatory proteins results in TRAIL resistance in tumor cells [7]. Therefore, understanding the intrinsic mechanisms for TRAIL resistance in cancer cells will significantly improve the merit of TRAIL as an anticancer therapeutic.

Autophagy is an evolutionarily preserved mechanism for maintaining cellular homeostasis by degrading intracellular proteins and organelles through the lysosomal and proteasomal pathway [8]. During the autophagy induction, a small vesicular sac elongates and afterwards encloses a segment of the cytoplasm, shaping a double-membrane structure known as an autophagosome in which the enclosed materials are degrade [9]. Recent studies also showed that autophagy plays important and paradoxical functions in tumorigenesis and cell death/survival in cancer cells [10, 11]. Gelinas et al. reported that autophagy inhibits tumorigenesis via eliminating damaged organelles/proteins and suppressing cell growth [12]. On the other hand, induction of autophagy promoted tumor cell survival and tumorigenesis through metabolic stress from stress damage in cancer cells [13]. Many preclinical researches suggest that various stimuli-induced autophagy is superior cytoprotective in cancer cells and suppression of autophagy enhances cancer cell death through diverse anticancer therapies, although the effect of autophagy is still contradictory between cell survival and death [14, 15].



Reactive oxygen species (ROS), which is by-products of general metabolic processes and produced via exogenous source, are secondary signal messengers in tumorigenesis and cancer therapeutics [16]. Significant downstream mediators of ROS-induced signaling are the induction of CCAAT/enhancerbinding protein (C/EBP) homologous protein (CHOP) and mitogen-activated protein kinases (MAPKs) [16]. We previously reported that ROS are main regulators to sensitize TRAIL-mediated apoptosis by inducing CHOP expression, which enhances DR5 expression [17]. The above results mean that ROS could offer potential as anticancer agents by stimulating various apoptotic signal pathway. In addition, Scherz-Shouval et al. determined that damaged mitochondria and oxidized proteins are removed in the cells under high accumulation of ROS by leading to autophagy, which suggests that autophagy causes to defense strategies against oxidative stress [18]. However, whether relationship between ROS and autophagy influences sensitization of TRAIL-mediated cancer cell death is still not evaluated.

Apigenin (4`,5,6,-trihydroxyflavone) is a widespread dietary flavonoid in various fruits and vegetables, including oranges, teas, onions and parsley [19]. Apigenin is mostly found in hydroxylated form and suppresses cancer cell proliferation, angiogenesis, and metastasis, which consequently induces apoptosis [20-22]. Even though many studies showed that apigenin possesses anticancer effects, its molecular mechanisms underlying relationship ROS and autophagy remain unclear in sensitization of TRAIL. Therefore, we, in the current study, investigated the role of ROS and autophagy apigenin-induced TRAIL sensitization.



## 2. Materials & methods

#### 2.1. Reagents and methods

Antibodies against Bcl-2, IAP-1, IAP-2, XIAP, DR4 and DR5, were obtained from Santa Cruz Biotechnology (Santa Cruz, CA). Antibodies against caspase-3, caspase-8, caspase-9, PARP, and β-actin were obtained from Cell Signaling (Beverly, MA). The antibodies against LC-3B, SQSTM1/p62, and Atg-7 were purchased from Thermo Scientific (Waltham, MA). Peroxidase-labeled donkey anti-rabbit immunoglobulin, and recombinant human TRAIL/Apo2 ligand (the nontagged 19-kDa protein, amino acids 114-281) were purchased from KOMA Biotechnology (Seoul, Republic of Korea). The chimeric antibody against DR5 was obtained from R&D Systems (Minneapolis, MN). 6-Carboxy-2',7'-dichlorofluorescein diacetate (DCFDA) was obtained from Molecular Probes (Eugene, OR). Glutathione (GSH) and N-acetyl-L-cysteine (NAC) were purchased from Sigma (St. Louise, MO). Apigenin was obtained from Tocris (Ellisville, MO) and dissolved in DMSO (vehicle). Rapamycin (RAPA), bafilomycin A1 (BAF), and 3-methyladenine (3-MA) were also purchased from Tocris.

## 2.2. Cell culture and viability

Human hepatocarcinoma Hep3B and HepG2 cells were obtained from American Type Culture Collection and cultured in RPMI 1640 (WelGENE Inc, Daegu, Republic of Korea) supplemented with 10% fetal bovine serum and antibiotics (WelGENE Inc). The cells were seeded at a density of  $1 \times 10^5$  cells/ml, incubated for 12 h, and then treated with the indicated concentrations of apigenin in the presence and absence of TRAIL. After 24 h, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay was performed to determine cell viability.



## 2.3. Isolation of total RNA and RT-PCR

Total RNA was extracted from Hep3B cells using the Easy-Blue reagent (iNtRON Biotechnology, Sungnam, Republic of Korea). The DR5 sense primer 5'-GTC TGC TCT GAT CAC CCA AC-3' and the anti-sense primer 5'-CTG CAA CTG TGA CTC CTA TG-3' were used to amplify human DR5 mRNA. For glyceraldehyde-3-phosphate dehydrogenase (GAPDH), the sense primer 5'-CGT CTT CAC CAT GGA GA-3' and the anti-sense primer 5'-CGG CCA TCA CGC CCA CAG TTT-3' were used. The following PCR conditions were applied: GAPDH, 25 cycles of denaturation at 94°C for 30 s, annealing at 63°C for 30 s and extended at 72°C for 30 s; DR5, 31 cycles of denaturation at 94°C for 30 s, annealing at 60°C for 30 s and extended at 72°C for 30 s. GAPDH was used as an internal control to evaluate relative expression of DR5.

#### 2.4. Western blot analysis

Total cell extracts were prepared using PRO-PREP protein extraction solution (iNtRON Biotechnology). Briefly, after treatment with the indicated concentrations of apigenin, cells were harvested, washed once with ice-cold PBS, and gently lysed for 30 min in 100 µl ice-cold PRO-PREP lysis buffer. Lysates were centrifuged at 14,000 g at 4°C for 10 min. The preparation of cytoplasmic and nuclear extracts was conducted using NE-PER nuclear and cytosolic extraction reagents (Pierce, Rockford, IL). The extraction of protein samples was collected and protein concentrations determined using a Bio-Rad protein assay kit (Bio-Rad, Hercules, CA). Total cell extracts were separated on polyacrylamide gels and then standard procedures were used to transfer them to the nitrocellulose membranes. The membranes were developed using an ECL reagent (Amersham, Arlington Heights, IL).

#### 2.5. Detection of apoptosis

Flow cytometry was used to analyze cell cycle distribution. Cells ( $1 \times 10^5$  cells/ml) were fixed in 70%



ethanol overnight at 4°C and washed in phosphate-buffered saline (PBS) with 0.1% BSA. The cells were then incubated with 1 U/ml of RNase A (DNase free) and 10 µg/ml of propidium iodide (PI, Sigma) in the dark. A FACS Calibur flow cytometer (Becton Dickenson, San Jose, CA) was used to analyze cell cycle distribution. The level of apoptotic cells containing sub-G1 DNA content was determined as a percentage of the total number of cells. For annexin-V staining, live cells were washed with PBS and then incubated with annexin-V fluorescein isothiocyanate (FITC, R&D Systems). Annexin-V+ cells were analyzed by flow cytometry.

#### 2.6. Measurement of ROS

Cells were plated at a density of  $1 \times 10^5$  cells/ml, allowed to attach for 12 h, and exposed apigenin for 1 h. The cells were stained with 10  $\mu$ M DCFDA for 30 min at 37°C and flow cytometry was used to determine the fluorescence intensity of DCFDA in the cells.

## 2.7. DNA fragmentation assay

Cells were lysed using lysis buffer [10 mM Tris (pH 7.4), 150 mM NaCl, 5 mM EDTA, and 0.5% Triton X-100] for 1 h on ice. Lysates were vortexed and cleared by centrifugation at 13,000 g for 20 min. Fragmented DNA in the supernatant was extracted with an equal volume of phenol/chloroform/isoamyl alcohol mixture (25:24:1) and analyzed on 1.5% agarose gels containing of ethidium bromide.

#### 2.8. Flow cytometric analysis of DR5

Indirect staining with primary rabbit anti-human DR5 followed by FITC-conjugated IgG was used to analyze the surface expression of DR5. Briefly, 1 105 cells/ml cells were stained with 200 µl of 1% BSA in PBS containing amounts of anti-DR5 antibody at room temperature for 1 h. After incubation,



the cells were washed twice and reacted with FITC-conjugated rabbit polyclonal IgG for 1 h. After the cells were washed with 1% BSA, flow cytometry was used to analyze the expressions of DR5.

# 2.9. Statistical Analysis

The images were visualized with Chemi-Smart 2000 (VilberLourmat, Marine,Cedex, France). Images were captured using Chemi-Capt (VilberLourmat) and transported into Photoshop. All data were derived from at least three independent experiments. Statistical analyses were conducted using SigmaPlot software (version 12.0) Values were presented as mean  $\pm$  standard error (S.E.). Significant differences between the groups were determined using the unpaired one-way and two-way ANOVA test by Bonferroni's test. Statistical significance was regarded at \*, <sup>#</sup>, and <sup>&</sup>, p < 0.05.



## 3. Results

## 3.1. Apigenin sensitizes Hep3B and HepG2 cells towards TRAIL-induced apoptosis

To determine whether apigenin enhances TRAIL-induced apoptosis, we treated with nontoxic concentration of TRAIL (25 ng/ml) in the presence and absence of apigenin for 24 h and then measured relative cell viability. Apigenin itself slightly decreased the viability in Hep3B cells over 15 µM and HepG2 cells over 10 µM, respectively (Fig. 1). However, nontoxic concentration of TRAIL (25 ng/ml) significantly increased apigenin-induced decrease of the relative cell viability. The result means that apigenin sensitizes the cells to TRAIL-mediated apoptosis. In addition, we assessed that combined treatment with apigenin and TRAIL directly induces apoptotic cell death. As shown in DNA fragmentation analysis via agarose gel electrophoresis, the combined treatment remarkably displayed a typical ladder pattern of DNA fragmentation in Hep3B and HepG2 cells compared to that of treatment with apigenin or TRAIL alone (Fig. 1B). Furthermore, apoptotic sub-G1 populations (Fig. 1C, top panel) and annexin-V+ cells (Fig. 1C, bottom panel) were significantly increased in Hep3B cells treated with 15 µM apigenin and 25 ng/ml TRAIL (from 3.0% to 38.9% and from 3.1% to 57.2%, respectively). These results showed that co-treated apigenin enhanced TRAIL-mediated apoptosis.





Fig. 1. Apigenin enhanced TRAIL-induced apoptosis in hepatocarcinoma cells. (A) Hep3B and HepG2 cells treated with apigenin for 1 h at the indicated concentration with TRAIL (25 ng/ml) for 24 h. Cell viability was monitored by MTT assay. (B) DNA fragmentation due to treatment of the co-treatment of apigenin (15 μM) and/or TRAIL (25 ng/ml). After treatment of cells as incubated for 24 h, DNA samples were extracted from the treated cells and analyzed on 1.5% agarose gel. (C) Pretreated with apigenin (15 μM) for 1 h and further treated with TRAIL (25 ng/ml) for 24 h. Representative flow cytometry histograms displaying DNA content (top) and annexin-V population (bottom) of the cells.



# 3.2. Apigenin activates caspases and antiapoptotic proteins during TRAIL sensitization

To assess whether apigenin induces apoptosis via activation of caspase cascade and downregulation of antiapoptotic proteins, we examined protein expression and apoptotic cell death in the presence of a pan-caspase inhibitor, z-VAD-fmk. Hep3B cells were treated with apigenin (15 µM) and TRAIL (25 ng/ml) for 24 h. Fig. 2A showed that treatment with apigenin or TRAIL alone no changed or slightly decreased the expression of procaspase form. However, combined treatment considerably downregulated procaspase forms and dramatically increased the truncation of PARP in Hep3B. We also investigated the expression levels of Bcl-2 and IAP family, because antiapoptotic proteins such as Bcl-2 and IAP family are safeguards against cancer cells against TRAIL-induced apoptosis through inhibiting caspase activation. The combined treatment with apigenin and TRAIL induced the downregulation of the antiapoptotic proteins including Bcl-2, IAP-1, IAP-2, and xIAP (Fig. 2B). Additionally, to determine whether caspases are main regulators in apigenin/TRAIL-induced apoptosis, we treated with apigenin/TRAIL in the presence of z-VAD-fmk. Pretreatment with z-VAD-fmk significantly suppressed sub-G1 populations (from 38.9% to 2.6%) and annexin-V+ cells (from 55.7% to 2.8%, Fig. 2C). These results indicated that combined treatment with apigenin and TRAIL induces apoptosis by activating antiapoptotic proteins and caspases.





Fig. 2. Treatment with a combination of apigenin and/or TRAIL activates apoptotic signal. Hep3B cells were treated 25 ng/ml TRAIL alone, 20 μM apigenin aloe, or a combination of both for 24 h. (A) Caspase cascade were then analyzed via western blotting. (B) Expression of antiapoptotic proteins were then monitored in Hep3B cells by western blotting. (C) Hep3B cells were pre-treated with pancaspase inhibitor and then the cells were treated with 25 ng/ml of TRAIL alone, 15 μM of apigenin alone, or a combination of both for 24 h. Flow cytometry analyzed the DNA content (top) and annexin-V+ (bottom) of the cells. API, apigenin; T, TRAIL.



# 3.3. Apigenin induces expression of DR5, causing to TRAL-mediated apoptosis

We next investigated whether DR5 expression by treatment with apigenin is involved in its synergetic effect on TRAIL-induced apoptosis. We treated with the indicated concentrations of apigenin in Hep3B cells for 24 h and DR5 expression was detected by western blot analysis. Apigenin induced DR5 protein (Fig. 3A) and mRNA (Fig. 3B) in Hep3B cells in a dose-dependent manner. Whether apigenin induces expression of DR5 on the cell surface was also investigated by flow cytometry. Fig. 3C showed that apigenin induced upregulation of DR5 on the cell surface. Furthermore, treatment with chimeric antibody against DR5 considerably decreased sub-G1 populations and annexin-V+ cells in apigenin/TRAIL-induced apoptosis (Fig. 3D). These results indicate that apigenin-induced upregulation of DR5 is crucial for the sensitization of TRAIL in Hep3B cells.





Fig. 3. Apigenin induced up-regulation of DR5 in Hep3B cells. (A) Hep3B cells were treated indicated concentration (0 - 25 μM) of apigenin for 24 h and western blot analysis of DR5 and β-actin as a loading control was conducted. (B) Hep3B cells were treated indicated concentration (0 - 25 μM) of apigenin for 24 h and RT-PCR analysis of DR5 and GAPDH as a loading control was conducted. (C) Hep3B cells were incubated with or without 25 μM of apigenin for 24 h, and flow cytometry was used to analyze the surface expression of DR5. (D) Hep3B cells were pre-treated with or without 15 μM of apigenin for 1 h followed by treatment with or without 25 ng/ml of TRAIL for 24 h in the presence of the indicated concentrations of DR5-specific blocking chimera antibody. Flow cytometry analyzed the DNA content (top) and annexin-V+ (bottom) of the cells. API, apigenin; T, TRAIL.



# 3.4. Apigenin-induced ROS protected TRAIL-induced apoptosis

Recent several reports demonstrated that ROS increased DR5 expression in response to chemotherapy-induced stress, which consequently induced apoptosis [23, 24]. Therefore, whether apigenin regulates ROS generation, and which activates TRAIL-mediated apoptosis, was investigated. Fig. 4A showed that various concentrations of apigenin induced a significant increase of ROS generation from 1 h. To further confirm the role of ROS in apigenin/TRAIL-induced apoptosis, Hep3B cells were pretreated for 1 h with antioxidants such as GSH and NAC, and then treated with apigenin and TRAIL for an additional 24 h. As unexpected, DNA contents data showed that pretreatment with GSH and NAC considerably increased apigenin/TRAIL-induced apoptosis (Fig. 4B). Similar to the data of DNA contents, apigenin/TRAIL-induced annexin-V staining cells were increased in the presence of GSH and NAC compared to that in combined treatment with apigenin and TRAIL (Fig. 4C). Additionally, the combined treatment with apigenin and TRAIL enhanced total cell number and shrinkage of the cells in the presence of GSH and NAC under microscopy (Fig. 4D). These results indicate that apigenin stimulates ROS generation, which functions cellular protective effects in TRAIL-mediated apoptosis.





Fig. 4. Apigenin-induced ROS protected TRAIL-induced apoptosis. (A) Hep3B cells were stimulated with indicated concentration (0 - 25 μM) of apigenin for 1 h. Then, ROS generation was analyzed by DCFDA staining through detection of Flow cytometry. Hep3B cells were stimulated with 20 μM of apigenin and 25 ng/ml TRAIL for 24 h after pre-treatment with 2.5 mM of NAC and 2.5 mM of GSH 1 h. Then, Flow cytometry analyzed the DNA content (B) and annexin-V+ (C) of the cells. (D) Morphology of cells was monitored under light microscopy. API, apigenin; T, TRAIL



# 3.5. Apigenin transmits autophagy-mediated cell survival signal by generating ROS

We next addressed whether apigenin-induced ROS activated autophagy in Hep3B cells. The conversion of LC-3B-1 to LC-3B-2, a hallmark of autophagy, was monitored in the Hep3B cells 24 h after apigenin treatment accompanied with a significantly increase of Atg-7 (Fig. 5A). In addition, autophagic protein, SQSTM1/p62, was gradually diminished in apigenin-treated condition. Interestingly, an autophagy inducer, RAPA, strongly potentiated apigenin/TRAIL-induced apoptosis (Fig. 5B), which suggests that RAPA boosters apigenin/TRAIL-induced apoptosis by increasing autophagy. Surprisingly, an autophagy inhitor, 3-MA, also significantly upregulated apigenin/TRAIL-induced apoptosis; however, no apoptotic change was observed in the presence of BAF. These results suggested that suitable autophagy attenuates apigenin/TRAIL-induced apoptosis.

We then examined whether ROS activates cell survival or death through autophagy formation. Both BAF and 3-MA alone have no effect of ROS generation; however, RAPA alone a little increased ROS generation and more multiplied with apigenin (Fig. 5C). In addition, both NAC and GSH inhibited apigenin-induced autophagy activation, which was shown via LC-3B conversion, regulation of SQSTM1/p62 and Atg-7 expression (Fig. 5D). These data indicate that apigenin-induced ROS generation stimulates the expression of autophagy proteins such as LC-3B, Atg-7 and SQSTM1/p62, which induces autophagy formation.





Fig. 5. Apigenin-induced autophagy protected TRAIL-induced apoptosis. (A) Hep3B cells were treated indicated concentration (0 - 25  $\mu$ M) of apigenin for 24 h and western blot analysis of hallmarks of autophagy and  $\beta$ -actin as a loading control was conducted. (B and C) Hep3B cells were stimulated with 20  $\mu$ M of apigenin and/or 25 ng/ml TRAIL for 24 h after pre-treatment with 3  $\mu$ M of RAPA, 20 nM of BAF, and 300  $\mu$ M of 3-MA for 1 h. Then, Flow cytometry analyzed the DNA content (B) and DCFDA intensity (C) of the cells. (D) Hep3B cells were stimulated with indicated concentration (15  $\mu$ M) of apigenin and 25 ng/ml TRAIL for 24 h after pre-treatment with 2.5 mM of NAC and 2.5 mM of GSH 1 h. Then western blot analysis of hallmarks of autophagy and  $\beta$ -actin as a loading control was conducted. API, apigenin; T, TRAIL; RAPA, rapamycine; BAF, bafiolomycine A 1; 3-MA, 3-Methyladenine



## 4. Discussion

Since TRAIL promotionally induced apoptosis to cancer cells but not normal cells, it is believed to possess brilliant potential as an anticancer chemotherapy. However, it reported that many cancer cells and the majority tumors originated from cancer patients has acquired resistance to TRAIL via abnormal protein expression [25]. Therefore, we, in the present study, investigated whether apigenin enhances TRAIL-mediated apoptosis. Especially, it is well-known that DR5 is necessary for the increase of death signal induced by TRAIL, resulting in the activation of caspase-8 [26]. Thus, it has been considered that upregulation of DR5 leads to effective apoptosis of cancer cells by direct binding with TRAIL. We found that apigenin significantly induced DR5 expression, which stimulates TRAIL-mediated apoptosis.

Autophagy is cellular process of recycling and clearance of cytoplasmic ingredients, such as protein aggregates and obsolete organelles by lysosomal degradation [27]. Under stress condition such as starvation and hypoxia, autophagy performs a cellular pro-survival mechanism via the production of alternative energy resources from fuel cellular metabolism, however, inordinate autophagy could contribute to cell death by autophagic cell death [28]. Our results found that apigenin induced autophagy activation, which consequently enhanced TRAIL-induced apoptosis by producing ROS; however, an autophagy inhibitor, 3-MA, enhanced apigenin/TRAIL-mediated apoptosis, but no changed by BAF, suggesting that apigenin-induced autophagy interfered TRAIL-induced apoptosis. On the other hand, an autophagy inducer, RAPA, enhanced apigenin/TRAIL-induced apoptosis, which means that considerable autophagy induction could converse cell fate to death. According to the present data, apigenin triggers TRAIL-mediated apoptosis and simultaneously activates suitable autophagy-mediated cell survival signal by producing ROS. However, another autophagy inhibitor, BAF, was not effective in apigenin/TRAIL-mediated apoptosis. Interestingly, 3-MA and BAF dissimilarly inactivates autophagy activation. 3-MA inhibits autophagosome formation in the early stage by phosphatidylinositol 3-kinases [29], whereas BAF blocks the fusion of autophagosome and lysosome (autolysosome) by inhibiting vacuolar ATPase (V-ATPase) located in the lysosomal membrane at the



late stage [30]. In the current study, we hypothesized that 3-MA restrains autophagosome formation, which sustains apigenin/TRAIL-induced apoptotic proteins in the cytosol. Therefore, apigenin/TRAIL-mediated apoptosis amplified in the presence of 3-MA. However, BAF could not interrupt the formation of autophagosome induced by apigenin and TRAIL in the early stage, which could hold apoptotic proteins in the vacuoles without degradation of the proteins. We need further study whether apoptosis-inducing factors are trapped in the autophagosome, not autolysome, in the presence of apigenin.

We demonstrated that the activation of autophagy was upregulated by the generation of ROS, which protects apigenin/TRAIL-mediated apoptosis. Previous study suggested that ROS are mutagenic, which promotes cancer growth and survival [31]; however, our data showed that apigenin-induced ROS generation may inhibit TRAIL-mediated apoptosis. A number of studies also reported ROS suppress mTOR by activating AMP-activated protein kinase (AMPK) and suppressing AKT, inducing to autophagy-dependent cytotoxicity [32, 33]. On the other hand, contemplating that some cancer cells gain advantage of protective autophagy to survive, suppression of protective autophagy may be potential strategy for cancer chemotherapy [34].

Taken together, apigenin stimulates TRAIL-mediated apoptosis by inducing DR5 expression and coincides cell survival signal via ROS-mediated autophagy. The result is a good case of an antagonism between autophagy and apoptosis in cancer cells: protection of autophagy switches to apoptosis under apigenin treatment.



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# Chapter II.

# Apigenin decreases cell viability and telomerase activity in human

# leukemia cell lines



## Abstract

Recent studies have shown that apigenin (40,5,7-trihydroxyflavone inhibits human malignant cancer cell growth through cell cycle arrest and apoptosis. However, the underlying relationship between apoptosis and telomerase activity in response to apigenin exposure is not well understood. In this study, we found that apigenin significantly induces direct cytotoxicity in human leukemia cells (U937, THP-1 and HL60) through activation of the caspase pathway. As we presumed, treatment with apigenin was found to increase the level of intracellular reactive oxygen species (ROS), whereas pretreatment with antioxidants, N-acetyl-cysteine (NAC) or glutathione (GSH), completely attenuated ROS generation. Surprisingly, these antioxidants did not promote recuperation from apigenin-induced cell death. We further showed that apigenin downregulates telomerase activity in caspase-dependent apoptosis and observed that apigenin dosing results in downregulation of telomerase activity by suppression of c-Myc-mediated telomerase reverse transcriptase (hTERT) expression. In addition, treatment of apigenin-dosed cells with the two antioxidants did not restore telomerase activity. Taken together, this data suggests that ROS is not essential for suppression of apigenin-mediated apoptosis associated with the activation of caspases and regulation of telomerase activity via suppression of hTERT. We conclude that apigenin has a direct cytotoxic effect and the loss of telomerase activity in leukemia cells.


## 1. Introduction

Telomeres are localized in the physical ends of eukaryotic chromosomes in a nucleic acid-protein complex. Disruption of the telomere structure, by telomeric DNA cleavage or loss of telomere binding protein functions, is associated with senescence and cell death, whereas telomere dysfunction also induces a state of constant cell proliferation [1]. Telomerase is a ribonucleoprotein complex with specialized reverse transcriptase activity which plays a crucial role in sustainment of telomere length and inducing cell immortalization, as found in many cancers [2]. Therefore, telomerase activity regulation has been considered as a strategy for control of senescence and cell death. Telomerase is structurally composed of an RNA subunit known as human telomerase RNA (hTERT) and a protein subunit known as human telomerase reverse transcriptase (hTERT), which plays an important enzymatic role in telomerase activity [3, 4]. Previous studies revealed that knockdown of hTERT completely suppressed cancer cell growth by telomerase inactivation, while overexpression of hTERT results in a significant decrease of flavonoid-mediated sensitivity in cancer cells [5, 6]. There have been numerous studies focused on hTERT regulation in inducing cancer cell apoptosis [7, 8], because cancer cells specifically expresses hTERT, but not normal cells. Most cancer cells exhibit pronounced activation of telomerase which prevents telomere shortening and subsequently leads to immortal cell characteristics and tumorigenesis [2, 9]. This finding suggests that telomerase activity inhibition can act as a cancer treatment strategy. Due to their biological activity, it has been demonstrated that flavonoids possess chemotherapeutic functions including cell cycle arrest and induction of apoptosis [10, 11]. In addition, published studies indicated that many flavonoids target downregulation of telomerase in the apoptosis mechanism of cancer cells, without concurrent cytotoxicity in normal cells [12, 13]. These results demonstrate that flavonoids are good candidates for diminishing the occurrence of tumorigenesis by telomerase activity suppression. Apigenin (40,5,7-trihydroxyflavone), present in common fruits and vegetables, has been identified as a chemopreventive agent [14, 15]. Recent studies have also demonstrated that apigenin inhibits cancer cell growth through cell cycle arrest and apoptosis in malignant human cancer cell lines [16, 17]. Reactive oxygen species (ROS) have been shown to be the





main regulators in apigenin-induced apoptosis [18, 19]. Interestingly, it has been reported that hTERT overexpression alleviates intracellular ROS production, and inhibits ROS-mediated apoptosis via regulation of mitochondrial function, suggesting that ROS generation enhances apoptosis via suppression of telomerase activity [20]. Nevertheless, the mechanisms underlying effects of apigenin on telomerase activity are not fully understood as related to ROS generation.

In this study, we reported for the first time that apigenin induces apoptosis and inhibits telomerase activity through downregulation of hTERT.



### Materials & methods

### 2.1. Reagents and antibodies

Apigenin was purchased from Tocris (Ellisville, MO) and dissolved in DMSO (vehicle). Antibodies against caspase-3, caspase-9, hTERT, poly (ADP-ribose) polymerase (PARP), b-actin and c-Myc were purchased from Santa Cruz Biotechnology (Santa Cruz, CA). N-acetyl-cysteine (NAC), glutathione (GSH) and 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphnyl-2H-tetrazolium bromide (MTT) were obtained from Sigma (St. Louis, MO).

### 2.2. Cell lines and culture

Human leukemia U937, THP-1 and HL60, human colorectal carcinoma HCT116, human hepatoma Hep3B cell and human prostate cancer PC3 were obtained from the American Type Culture Collection (Manassas, VA). Mouse splenocytes were obtained from ICR mouse (provided by Prof. Y. Jee at Jeju National University, Republic of Korea). Cells were maintained in RPMI-1640 medium supplemented with 10% heat-inactivated FBS and 1% penicillin–streptomycin (Sigma) in 5% CO<sub>2</sub> at 37°C.

#### 2.3. Cell culture and viability

Cells were seeded at  $1 \times 10^5$  cells/ml and then treated with the indicated concentrations of apigenin. In a parallel experiment, we pretreated the cells with 10 mM NAC or 5 mM GSH for 1 h at 37 °C and then administrated with 50 mM apigenin. After 24-h incubation, the cell number and viability were determined by trypan blue exclusion assay and MTT assay.



### 2.4. Flow cytometric analysis

Collected samples were absolutely homogenized with RNAiso Plus (Takara, Kyoto, Japan) reagent and for total RNA extracted following the manufacturer's protocol. For prevent genomic DNA contamination, extracted total RNA was treated using RQ1 RNase-Free DNase (Promega, Madison, WI, USA). Total RNA concentration were measured using the Nano Vue (GE Healthcare, Ver.1.0.1, UK) and cDNA was synthesized using the 500 ng of total RNA an A260/280 ratio of 1.8-2.0 with Transcriptor First strand cDNA Synthesis kit (Roche Diagnostics, Mannheim, Germany). Synthesized cDNA was used experiment of real time-qPCR analysis.

### 2.5. Measurement ROS

Intracellular ROS generation was measured by flow cytometry following staining with 10 uM of 2',7'-dichlorofluorescein diacetate (DCFDA, Sigma), which has been shown to be somewhat specific for detection of  $H_2O_2$ . After cells were collected, the fluorescence was analyzed using flow cytometer.

### 2.6. DNA fragmentation assay

Cells were treated with the indicated chemicals and then lysed on ice in a buffer containing 10 mM Tris–HCl (pH 7.4), 150 mM NaCl, 5 mM EDTA and 0.5% Triton X-100 for 30 min. Lysates were vortexed and cleared by centrifugation at 10,000g for 20 min. Fragmented DNA in the supernatant was extracted with an equal volume of neutral phenol:chloroform:isoamylalcohol (25:24:1, v/v/v) and analyzed electrophoretically on a 1.5% agarose gel containing ethidium bromide.



### 2.7. Western blot analysis

Total cell extracts were prepared using PRO-PREP protein extraction solution (iNtRON Biotechnology). Proteins were separated by SDS–PAGE and electrotransferred to nitrocellulose membranes (Amersham, Arlington Heights, IL). The detection of specific proteins was carried out with an ECL Western blotting kit (Amersham) according to the recommended procedure.

### 2.8. Telomerase activity assay

Telomerase activity was measured using a PCR-based telomeric repeat amplification protocol (TRAP) enzyme-linked immunosorbent assay (ELISA) kit (Boehringer Mannheim, Mannheim, Germany) according to the manufacturer's description. In brief, cells were treated with apigenin, harvested, and approximately  $1 \times 10^6$  cells were lysed in 200 ul of lysis reagent and incubated on ice for 30 min. For the TRAP reaction, 2 ul of cell extract (containing 2 ug protein) was added to 25 ul of reaction mixture with the appropriate amount of sterile water to make a final volume of 50 ml. PCR was performed as follows: primer elongation ( $25^{\circ}$ C for 30 min), telomerase inactivation ( $94^{\circ}$ C for 5 min), product amplification by the repeat of 30 cycles ( $94^{\circ}$ C for 30 s,  $50^{\circ}$ C for 30 s, and  $72^{\circ}$ C for 90 s). Hybridization and the ELISA reaction were carried out following the manufacturer's instructions.

#### 2.9. RNA extraction and RT-PCR

Total RNA was isolated using Trizol reagent (GIBCO-BRL, Gaithersburg, MD) according to the manufacturer's recommendations. Genes of interest were amplified from cDNA that was reverse-transcribed from 1 ug of total RNA using the One-Step RT-PCR Premix (iNtRON Biotechnology, Sungnam, Republic of Korea). Primers for hTERT sense (5'-CCG AAG AGT GTC TGG AGC AA-



3'); hTERT antisense (5'-GGA TGA AGC CGA GTC TGG A-3'); and glyceraldehydes-3-phosphate dehydrogenase (GAPDH) sense (5'-CCA CCC ATG GCA AAT TCC ATG GCA-3'); GAPDH antisense (5'-TCT AGA CGG CAG GTC AGG TCC ACC-3') have been described previously [21]. PCR reaction was initiated at 94°C for 2 min followed by 28 cycles of 94°C for 1 min, 1min annealing temperature, 72°C for 1 min followed by final extension at 72°C for 5 min. Annealing temperatures for hTERT and GAPDH were 58 and 60°C, respectively. After amplification, PCR products were separated on 1.5% agarose gels and visualized by ethidium bromide fluorescence.

### 2.10. Electrophoretic mobility shift assay (EMSA)

The preparation of cytoplasmic and nuclear extracts was conducted using the NE-PER nuclear and cytoplasmic extraction reagents (Pierce, Rockford, IL). DNA–protein binding assays were carried out with nuclear extract. Synthetic complementary c-Myc (5'-GGA AGC AGA CCA CGT GGT CTG CTT CC-3') binding oligonucleotides (Santa Cruz Biotechnology) were biotinylated using the biotin 30-end DNA labeling kit (Pierce) according to the manufacturer's instructions and annealed for 1 h at room temperature. Binding reactions were carried out for 20 min at room temperature in the presence of 50 ng/ml poly(dI–dC), 0.05% Nonidet P-40, 5 mM MgCl2, 10 mMEDTA and 2.5% glycerol in 1\_ binding buffer (LightShift<sup>TM</sup> chemiluminescent EMSA kit) with 20 fmol of biotin-end-labeled target DNA and 10 lg of nuclear extract. Assays were loaded onto native 4% polyacrylamide gels pre-electrophoresed for 60 min in 0.5×Tris borate/EDTA and before being transferred onto a positively charged nylon membrane (Hybond<sup>TM</sup>-N+) in 0.5× Tris borate/EDTA at 100 V for 30 min. Transferred DNAs were cross-linked to the membrane at 120 mJ/cm2 and detected using horseradish peroxidase-conjugated streptavidin according to the manufacturer's instructions.



# 2.11. Statistical analysis

All data from MTT assay, cell count, FACS analysis, RT-PCR, western blot analysis and telomerase activity were derived from at least three independent experiments. The images were visualized with Chemi-Smart 2000 (Vilber Lourmat, Cedex, France). Images were captured using Chemi-Capt (Vilber Lourmat) and transported into Adobe Photoshop (version 8.0). All data are presented as mean  $\pm$  SE. Significant differences between the groups were determined using two-way ANOVA test. A value of /p < 0.05 was accepted as an indication of statistical significance.



## 3. Results

### 3.1. Apigenin decrease leukemia cell viability

In order to investigate whether apigenin has anti-proliferative or cytotoxic effects, human leukemia cells (U937, THP-1 and HL60) were treated with indicated concentrations of apigenin for 24 h and the resulting number of viable cells remaining were assessed. Apigenin treatment significantly reduced leukemia cell viability in a dose-dependent manner (Fig. 1). According to MTT assay results, treatment with 100 uM apigenin significantly reduced viable cell percentages in all types of leukemia cells (Fig. 1A). Treatment with apigenin for 24 h also decreased human leukemia cell numbers in a dose-dependent manner, as illustrated by trypan blue assay (Fig. 1B). Under the light microscope, apigenin- treated cells exhibited a rounded and granulated morphology, and eventually degraded after treatment of up to 50 uM apigenin (Fig. 1C). To investigate whether apigenin has an influence on normal cells, we examined the cell cycle distribution in apigenin-treated mouse spleen cells. Cell cycle distribution revealed that treatment with 100 uM apigenin resulted in no sub-G1 DNA content in mouse splenocytes (Fig. 1D). This data indicated that apigenin inhibits cell proliferation and lead to cell death in leukemia cells, but did not have detrimental effect on normal cells.





Fig. 1. Apigenin decreases cell viability and proliferation in leukemia cell lines. Cells were seeded at  $1 \times 105$  cells/ml and treated with the indicated concentrations of apigenin for 24 h. Cell viability (A) and cell number (B) were determined by MTT assay and hemocytometer counts of trypan blue-excluding cells, respectively. (C) The morphologic cell changes over 24 h, observed by light microscopy (400×). (D) Splenocytes isolated from ICR mice were treated with or without apigenin (100 uM) for 24 h and their DNA content was analyzed by flow cytometry. Percentages of sub-G1 DNA contents were represented in each pannel. Data in the table represent percentage of each phase in cell cycle distribution. Data from three independent experiments are expressed as overall mean  $\pm$  SE. Statistical significance was determined by the Student t-test (\*, P < 0.05 vs. vehicle control).



#### 3.2. Apigenin induces apoptosis via a caspase-dependent pathway

Further experiments were carried out to determine whether the apigenin-mediated anti-proliferative and cytotoxic effect on cells was closely associated with apoptotic cell death. Treatment with 50 uM apigenin resulted in approximate 25% increase in annexin-V intensity in U937 and HL60 leukemia cells (Fig. 2A, left panel). In a parallel experiment, we also analyzed the amount of sub-G1 DNA, which contain less DNA than cells in the G1 phase, to quantify the degree of cell death. Flow cytometric analysis indicated that treatment with 50 uM apigenin resulted in a 20% increase in accumulation of sub-G1 phase (Fig. 2A, right panel). Although THP-1 cells showed an increase in annexin-V intensity, these cells demonstrated some resistance to apigenin-mediated apoptosis compared to the other two types of leukemia cells. We next analyzed whether or not DNA fragmentation is induced by apigenin treatment. Following agarose gel electrophoresis of U937 cells treated with apigenin for 24 h, a typical ladder pattern of internucleosomal fragmentation was observed, following a dose-dependent manner (Fig. 2B). Moreover, concentrations above 50 uM apigenin resulted in a significant increase in caspase-3, caspase-9 and PARP cleavage, which are further indicative of apoptotic cell death. Apigeninmediated apoptosis was also completely blocked by the pre-treatment of cells with pan caspase inhibitor z-VAD-fmk (Fig. 2D). Treatment with 50 uM apigenin reduced cell viability by approximate 60%, however presence of z-VAD-fmk increased cell viability to 87% (Fig. 2D). Taken together, these results suggest that apigenin induces apoptosis in human leukemia cells through caspase activation.





Fig. 2. Apigenin sensitizes apoptosis in leukemia cell line, but not in mouse spleen cells. Cells were seeded at  $1 \times 10^5$  cells/ml and treated with the indicated concentrations of apigenin for 24 h. (A) Apoptotic annexin-V<sup>+</sup> (left panel) and DNA content population (right panel) were analyzed by flow cytometry. Percentages of annexin-V<sup>+</sup> cells and sub-G1 DNA contents were represented. (B) Fragmented DNA was extracted and analyzed on 1.5% agarose gel stained by EtBr. (C) Cells treated with the indicated concentrations of apigenin for 24 h were then lysed for protein extraction. Equal amounts of cell lysates were separated by SDS–PAGE and specific protein detection was performed using Western blotting as indicated.  $\beta$ -actin was used as a loading control. (D) Splenocytes were isolated from mice and then treated with or without apigenin for 24 h. The DNA content of the splenocytes was then analyzed by flow cytometry. Data from three independent experiments are expressed as overall mean  $\pm$  SE. Statistical significance was determined by the Student t-test (\*, P < 0.05 vs. vehicle control).



### 3.3. ROS is not a main regulator in apigenin-induced apoptosis

To determine whether treatment with apigenin induces ROS-dependent apoptosis, the role of apigenin in increasing ROS generation in U937 cells was investigated by measuring the intracellular levels of H<sub>2</sub>O<sub>2</sub> using DCFDA staining. In a parallel experiment, we also used ROS inhibitor NAC and GSH to evaluate their functional effects on ROS generation and apigenin-induced apoptosis. As expected, apigenin treatment significantly increased ROS generation, whereas this production was completely neutralized by pre-treatment with the two ROS inhibitors, NAC and GSH (Fig. 3A, left panel). Surprisingly, we observed that the two ROS inhibitors did not alleviate the appearance of an increased population of annexin-V positive cells (Fig. 3A, right panel). We also carried out trypan blue exclusion assay and PI staining in apigenin-mediated apoptosis to confirm the detailed function of ROS generation. Treatment with apigenin reduced cell viability by 40%. However, the presence of ROS inhibitors, NAC and GSH, had no influence in apigenin-induced cell death (Fig. 3B), a finding which was consistent with the annexin-V staining data. The result that these two ROS inhibitors induced hardly any reduction in sub-G1 population compared to the apigenin-treated group was confirmed with PI staining data (Fig. 3C). This data suggests that apigenin induces apoptosis is in leukemia cells.





Fig. 3. ROS is not essential for apigenin-induced apoptosis. U937 cells were treated with the indicated concentration of apigenin, NAC, or GSH, or treated with combined apigenin with NAC or GSH. (A) Intracellular ROS generation was determined by flow cytometry using the peroxide-sensitive dye DCFDA. The number means total mean fluorescent intensity. Apoptotic annexin-V<sup>+</sup> population was analyzed by flow cytometry. (B) Cell count was determined by hemocytometer. (C) Cells were seeded at  $1 \times 10^5$  cells/ml and treated with the indicated concentrations of NAC and GSH for 24 h. DNA content of cells was analyzed by flow cytometry. Data from three independent experiments are expressed as overall mean ± SE. Statistical significance was determined by the Student t-test (\*, P < 0.05 vs. vehicle control).



### 3.4. Apigenin suppresses telomerase activity and hTERT transcriptional level

Cells were cultured in the presence of apigenin for 24 h and telomerase activity was measured using a TRAP-ELISA kit. Apigenin treatment resulted in a dose-dependent reduction of telomerase activity in U937 leukemia cells (Fig. 4A). We next attempted to reveal whether or not apigenin treatment is associated with hTERT expression. Dose-dependent treatment with apigenin reduced hTERT mRNA levels (Fig. 4B), as well as the resulting expressed protein level (Fig. 4C) in U937 cells. In addition, treatment with 100 uM apigenin-induced a decrease of telomerase activity in other cell lines including colon carcinoma HCT116, hepatoma Hep3B and prostate cancer PC3 (Fig. 4D). This data indicate that apigenin-induced apoptosis may be due to inhibition of telomerase activity resulting from downregulation of hTERT.





Fig. 4. Apigenin inhibits telomerase activity and hTERT expression. (A) Cells were treated with the indicated concentration of apigenin for 24 h. Telomerase activity of leukemia U937 cells was determined by TRAP-ELISA. (B) Total RNA was isolated using TRizol. Equal amounts of mRNA were subjected to RT-PCR using hTERT primer and visualized by EtBr staining. GAPDH was used as internal control. (C) Cells treated with the indicated concentrations of apigenin for 24 h were then lysed for protein extraction. Equal amounts of cell lysates were separated by SDS–PAGE and specific protein detection was performed using Western blotting as indicated.  $\beta$ -actin was used as a loading control. (D) Cells were treated with the indicated concentration of apigenin for 24 h. Telomerase activity of HCT116, Hep3B and PC3 cells were determined by TRAP-ELISA. Data from three independent experiments are expressed as overall mean ± SE. Statistical significance was determined by the Student t-test (\*, P < 0.05 vs. vehicle control).



### 3.5. Apigenin suppresses c-Myc expression in leukemia cancer cells

The hTERT promoter site (-181 bp) has two c-Myc binding regions and c-Myc has previously been shown to directly regulate telomerase activity [22]. Therefore, we assessed the role of apigenin in regulation of the activity of c-Myc in U937 leukemia cells. We found that applications of apigenin in a timedependent (Fig. 5B) and a dose-dependent (Fig. 5A) manners, significantly affected c-Myc downregulation and DNA-binding activity. In addition, apigenin decreased both, c-Myc mRNA (Fig. 5C) and protein levels (Fig. 5D). Next, we assessed whether ROS generation regulates c-Myc-mediated telomerase activity. We found that apigenin alone significantly downregulated DNA-binding activity of c-Myc, but addition of NAC or GSH did not restore apigenininduced c-Myc activity (Fig. 5E). In addition, the downregulated level of apigenin-induced telomerase activity was sustained in the presence of NAC or GSH (Fig. 5F). These results indicated that apigenin-induced ROS generation is not related to suppression of c-Myc-dependent telomerase activity.





Fig. 5. Apigenin inhibits c-Myc DNA binding activity. (A) Cells were treated with the indicated concentration of apigenin for 24 h, (B) Treatment by 50 uM apigenin was performed at the indicated time point. c-Myc DNA binding activity was analyzed by LightShift<sup>™</sup> chemiluminescent EMSA kit as a described in the Materials and Methods. (C) Total RNA was isolated using TRIzol. Equal amounts of mRNA were subjected to RT-PCR using hTERT primer, and then visualized by EtBr staining. GAPDH was used as an internal control. (D) Cells treated with the indicated concentrations of apigenin for 24 h were then lysed for protein extraction. Equal amounts of cell lysates were separated by SDS–PAGE and specific protein detection was performed using Western blotting as indicated. β-actin was used as a loading control. (E) U937 cells were treated with the indicated concentration of apigenin, NAC, or GSH, or combined apigenin with NAC or GSH, for 24 h. c-Myc DNA binding activity was analyzed by LightShift<sup>™</sup> chemiluminescent EMSA kit. (F) Cells were treated with the indicated concentration of apigenin with NAC or GSH, for 24 h. Telomerase activity of cells was determined by TRAP-ELISA. Data from three



independent experiments are expressed as overall mean  $\pm$  SE. Statistical significance was determined by the Student t-test (\*, P < 0.05 vs. vehicle control).



### 4. Discussion

Apoptosis is a process of programmed cell death essential for the elimination of unwanted cells in various biological systems and is also one of the key mechanisms employed by chemotherapeutic agents. Cells undergoing apoptosis exhibit a characteristic pattern of morphologic changes including cell shrinkage, condensation, nuclear fragmentation and blebbing [23]. Therefore, numerous researchers have attempted to discover novel chemicals which induce apoptosis in cancer cells, but without side effects such as apoptosis of healthy cells. Previous studies reported that apigenin induces apoptosis in various tumor cell lines through activation of a mitochondria-dependent pathway via intracellular generation of ROS as an activator [14, 15, 18, 24]. Although Lu et al. demonstrated the importance of ROS generation in apigenin-induced apoptosis, they did not identify the exact mechanism of the ROS generation process. Supporting the mechanism of functional generation of ROS, it was reported that exogenous catalase offers protection from apigenin-induced cell death, but other antioxidant compounds, such as butylated hydroxyanisole (BHA), butylated hydroxytoluene (BHT) and ascorbic acid, have no influence on cell death [25]. In contrast to this previous data, our study demonstrated that apigenin significantly inhibits proliferation and cell viability, as well as promotes the mechanisms of apoptosis via the mitochondria-dependent pathway, but not as an ROS-dependent mechanism. Because BHA, BHT and ascorbic acid are indirectly capable of promoting the scavenging of  $H_2O_2$ , catalase may have another function to induce cell survival in apigenin- induced apoptosis. In contrast, Lin et al. suggested that apigenin attenuates dopamine-induced apoptosis by intracellular generation of ROS [26]. Although we demonstrated an ROS-independent mechanism for apigenin-induced apoptosis, we need to exact further experiments to elucidate the impact of ROS because many conflicts to our findings have been published. Many studies reported that hTERT expression, in combination with oncogenes, are sufficient to induce normal human epithelial and fibroblast cells to become tumor cells, with the majority of cancer cells exhibiting high telomerase activity which enable their uncontrolled growth [27, 28]. Therefore, telomerase has been identified as a promising target for human cancer gene therapy, and its inhibition allows telomere shortening to occur in cancer cells which in turn is thought to trigger





delayed senescence and/or apoptosis. Although telomerase is a ribonucleoprotein complex comprised of different components in addition to hTERT such as telomerase RNA (TR) template [29], telomeraseassociated protein (TEP-1) [30], and chaperone proteins (p23 and Hsp90) [31], hTERT is considered a viable cancer therapy target because hTERT is highly expressed in cancer cells, but not in normal cells. In this study, we observed that application of apigenin to leukemia cells decreases telomerase activity via downregulation of hTERT in transcription and translation. According to recent research, activation of telomerase by hTERT overexpression inhibits ROS-mediated apoptosis by repressing intracellular ROS production, suggesting that ROS is regulating telomerase activity [20]. Surprisingly, our study found that apigenin treatment decreases telomerase activity via an ROS-independent pathway in leukemia cells. We will need further experiments to prove our hypothesis that apigenin-induced telomerase regulation is ROS-independent. Moreover, telomerase activity may be regulated by other mechanisms as well, such as direct phosphorylation of hTERT by Akt [32]. It has been shown that Akt kinase enhances human telomerase activity by phosphorylation of the hTERT subunit in the region surrounding Ser824 [33]. In addition, protein kinase C (PKC) has been shown to be involved in the phosphorylation of hTERT [34]. Nevertheless, we cannot rule out the possibility that other signaling pathways exist that regulate hTERT transcriptional expression. Expression of hTERT is strictly regulated at the transcriptional level by several transcription factors, particularly, c-Myc [35]. In order to quantify the appearance of c-Myc in apigenin-induced reduction of telomerase activity, an EMSA assay was performed to measure c-Myc levels and DNA binding activity in a dose concentration and time-dependent manner. We discovered that treatment with apigenin decreases the DNA binding activity of c-Myc in leukemia cells, as well as apigenin downregulated expression of c-Myc in both transcription and translation. In addition to c-Myc binding sites, hTERT promoter contains four other binding sites including one Sp1, one Ets, and two Inr binding sites [36, 37]. Kyo et al. reported that cooperative functionality of c-Myc and Sp1 induces immortal cell characteristics in association with telomerase activation [38]. On the other hand, it was reported that the activity of the N-terminal truncated hTERT promoter, lacking the c-Myc recognition region but containing multiple Sp1/Sp3 sites, regulates hTERT promoter activity, and that transition knockdown of Sp1 results in significant





inhibition of the hTERT promoter [39]. As the possibility that other transcriptional factors regulate hTERT transcriptional expression cannot rule out, further studies are needed. In this study, we demonstrated that apigenin induces an inhibition of cell growth and attenuates telomerase activity in human leukemia cells. Moreover, we demonstrated that induction of apoptosis and downregulation of telomerase activity are not involved in the ROS-dependent pathway. To rectify discrepancies with the results of previous studies, we need further experiments to evaluate the effects of ROS generation in apigenin-induced cell death.



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# 감사의 글

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많이 부족한 저를 끝까지 믿고 지도 편달을 아끼지 않으신 김기영교수님 진심으로 감 사 드립니다. 교수님이 계셨기에 지금의 제가 있을 수 있었습니다. 기초도 부족하고, 인 내심도 부족한 저에게 할 수 있다는 자신감과 끝까지 달릴 수 있다는 믿음을 주셨기에 길고 긴 학위 과정을 무사히 마칠 수 있었습니다. 항상 교수님이 자랑스럽게 얘기 할 수 있는 제자가 되기 위해 최선을 다하여 노력 하도록 하겠습니다. 앞으로도 많은 애정 어 린 조언 부탁 드립니다.

4년의 학부과정과 2년의 석사과정, 그리고 5년의 박사과정 공부를 하는 동안 저에게 많은 가르침을 주신 학과 교수님들과 부족한 학위 논문을 심사하기 위해 바쁜 시간을 내 주신 이승헌교수님, 박상률교수님, 허문수 교수님 그리고 한국기초과학지원연구원의 김 길남 박사님에게 감사의 말을 전합니다. 저를 위해 아낌없이 해주신 많은 조언과 말씀들 을 항상 기억하고 참고하여 앞으로 더 좋은 연구 결과를 낼 수 있도록 노력 하겠습니다. 연구실 생활을 하면서 많은 인연들을 만났습니다. 그리고 그 인연들 덕분에 제가 커다 란 성장을 할 수 있었습니다. 연구실 생활의 첫 걸음을 이끌어 주셨으며 부재중이시던 교수님을 대신하여 첫 연구를 지도해주신, 지금은 대구대학교에서 학생들을 가르치시고



제주대학교 중앙도서관

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계신 문동오선배님, 낮을 많이 가려 연구실 생활을 어려워하던 저에게 먼저 다가와 애정 어린 조언과 상담을 해주셨으며 첫 논문 공부를 도와주신, 지금은 한국생명공학연구원에 서 연구를 하고 계신 김문옥 선배님, 대학원 생활을 같이 시작하였고 지금은 스리랑카로 돌아간 prasad와 함께 박사과정을 마치게 된 dilu, 그리고 끝까지 함께 공부를 하지는 못했지만 연구실 생활을 하며 스쳐 지나갔던 많은 인연들 모두에게 진심으로 감사 드립 니다.

제가 연구를 진행 하는데 있어서 부족함이 없도록 많은 지원과 조언을 해주신 동의대 학교의 최영현교수님과 대구대학교의 윤성규교수님. 새로운 연구 분야를 소개해주시고 가르침을 주신 제주대학교의 현진원교수님. 정말 감사 드립니다. 교수님들 덕분에 저의 학위 과정이 빛날 수 있었습니다. 앞으로도 교수님들의 가르침을 잊지 않고 항상 최선을 다하여 노력하도록 하겠습니다.

힘들 때면 항상 옆에서 같이 술 한잔 해주던 친구들. 그 술 한잔에 모든 것을 털어 놓을 수 있었기에 어떤 힘든 일도 이겨 낼 수 있었습니다. 일일이 언급하지는 못하지만 모두에게 고마운 마음을 전합니다.

언제나 저를 믿고 하고 싶은 공부를 할 수 있도록 묵묵히 지원해주신 아버지와 어머니 그리고 누나와 매형. 막내지만 애교가 없어 막내의 역할을 하지는 못했지만 언제나 응원 해주신 것 정말 감사 드립니다. 이제는 제가 받은 것들을 모두 갚을 수 있도록 항상 건 강하시길 바랍니다.

지금까지 저를 아껴주시고 사랑해주신 모든 분들께 다시 한번 감사의 마음을 전합니다. 가까이 혹은 멀리 있지만 언제나 저를 믿고 응원해 주셨기에 제가 모든 학위과정을 무사 히 마칠 수 있었습니다. 이제는 제가 돌려드릴 차례입니다. 모두에게서 받은 사랑을 돌 려 드릴 수 있는 사람이 될 수 있게 항상 노력 하겠습니다. 감사합니다.

-강창희 드림-



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